

# *Pumpkin Hummus*

In your mortar (or food processor) mix all until well blended:

- 1 T roasted sesame seeds
- 2 T roasted cashews
- 1 cup steamed pumpkin (preferably Kobacha)
- ½ t dark soy
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- 1 T cilantro leaves

Serve with cut veggies, bread, crackers or sticky rice

